**Echt School Weekly Bulletin**

**November 10th 2017**

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| **P4-7**  This week P4-7 were learning to problem solve and think laterally through completing the egg drop challenge.  We also introduced Lego Education, to support writing. The children thoroughly enjoyed this!  For homework the children have been asked to explore different newspapers and choose one article to bring into school for Monday 20th November. | |
| **Code Club**  Code Club will start again next week on Wednesdays after school. Code Club finishes at 4.15pm and is open to P3-7 pupils. Children may come next week for a Taster Session but there after we would expect them to come each week if possible till the end of term. | **Healthy Group**  Healthy tuck is up and running again on a daily basis. Please see the price list below:  Frubes: 20p  Cheesestrings: 25p  Breadsticks: 25p  Raisins: 15p  Bananas: 25p  Apples: 20p  Toast: 10p (Monday & Thursday)  If your child is bringing his or her own snack to school, we would encourage you to offer them a healthy snack rather than one which is loaded with sugar and/or salt. |
| **Netball Club**  The Netball Club has now finished for 2017 and will restart in the New Year. | |
| Adverse Weather Number  Please note the new number for school closures is:  0370 054 4999 followed by: 021 650  Please remember now the weather is turning your child/ren should bring their gloves, hat to keep them warm. | **P1-7 Assemblies**  **If you would like to come along to our assemblies when we have visitors from:**  **November 23rd: Steve Roberts, Montgomery Educaiton Centre**  **8th December: Claire Henderson, JDRF**  **We will let you know times nearer the time.** |

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| Mental Health and Wellbeing Parent Workshop  All schools in the Alford Cluster are working on mental health and wellbeing with their children this year. We are all using a resource called Bounce Back to address topics concerned with mental health and wellbeing such as Friendships, Being Responsible and Honesty.  Members from Grampian Mental Health Associates have visited all schools this session, working with all classes and our small cluster group of Midmar, Cluny, Monymusk, Echt and Dunecht schools have organised a Parent Workshop to be led by members from Grampian Mental Health Associates on November 21st at 7pm in Echt Hall.  *From Grampian Mental Health Associates*  *It is normal for children to feel worried or anxious from time to time. The situations that cause anxiety tend to vary according to the age and stage of the child's development. But for some children, anxiety affects them on a daily basis, interfering with their school, home and social life. Anxiety is now the most common mental health problem in children. If you think your child's anxiety is impacting regularly on their life, you want to know more about signs and symptoms or get some ideas about how to help, we would welcome you to our upcoming parents workshop.* |
| **Dates for your Diary**  **November**  **Monday 13 –**  **Tuesday 14th In-Service – School closed to pupils only**  **Thursday 16th TTT’s – Echt Hall 10-11am**  **Friday 17th P1-7 Trip to Vue Cinema – am**  **Wednesday 29th Flu Immunisations**  **Thursday 30th Alec Van P1-P7**  **TTT’s – Echt Hall 10-11am**  **December**  **Friday 1st Christmas Fayre – 6.30-8.30pm at Echt Hall**  **Wednesday 6th Nursery & P1 & P2 Trip to Tyrebagger for Xmas Tree**  **Thursday 7th Community Café @ Echt Hall 10-11.30am**  **Wednesday 13th Forest School**  **Thursday 14th School Xmas Lunch**  **Tuesday 19th Nursery & P1 & P2’s at Woodend Barn – 10.30am**  **P1-7 visit to Nethermains**  **Wednesday 20th Nursery and School Xmas Parties**  **Friday 22nd Last Day of Term 2** |